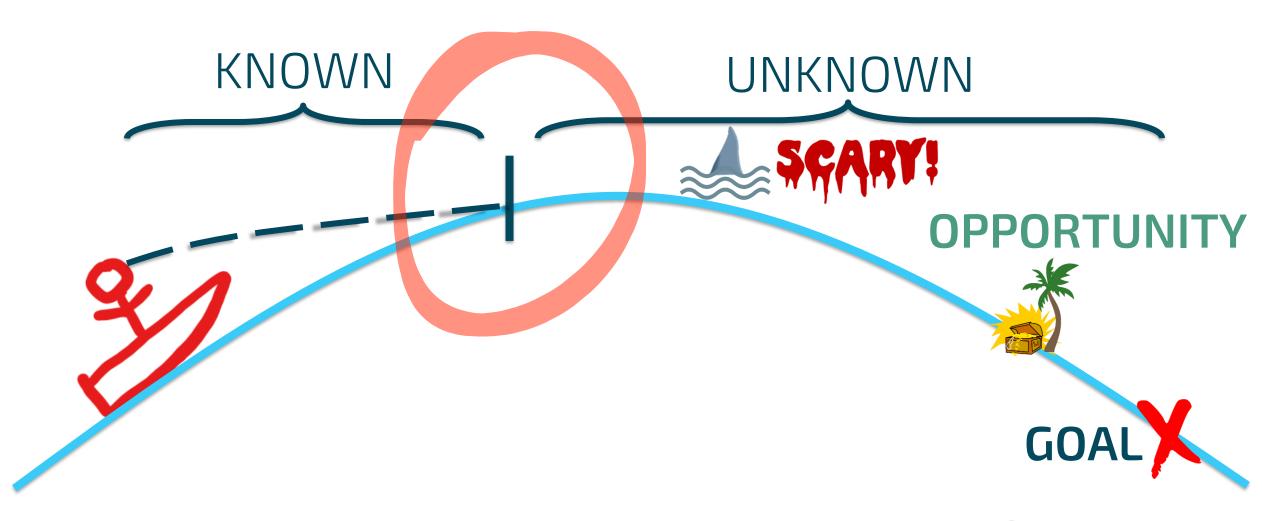
BE UNSTOPPABLE





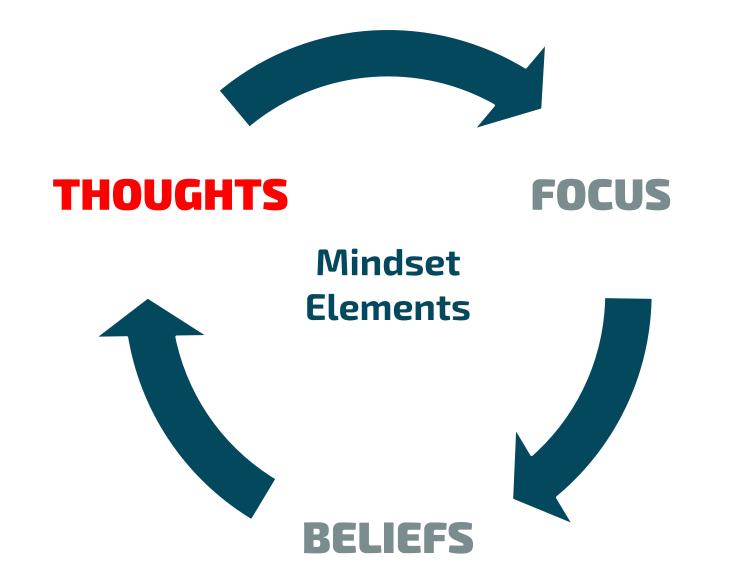
Mindset Horizon

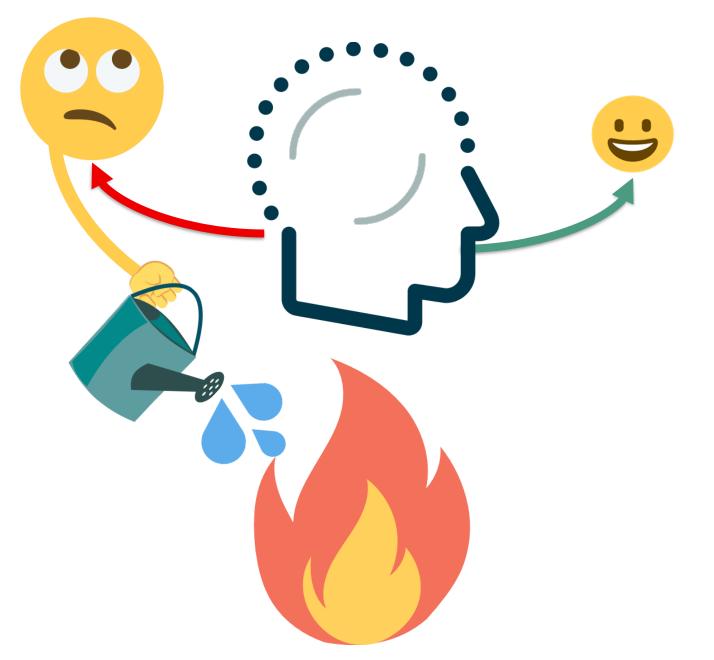


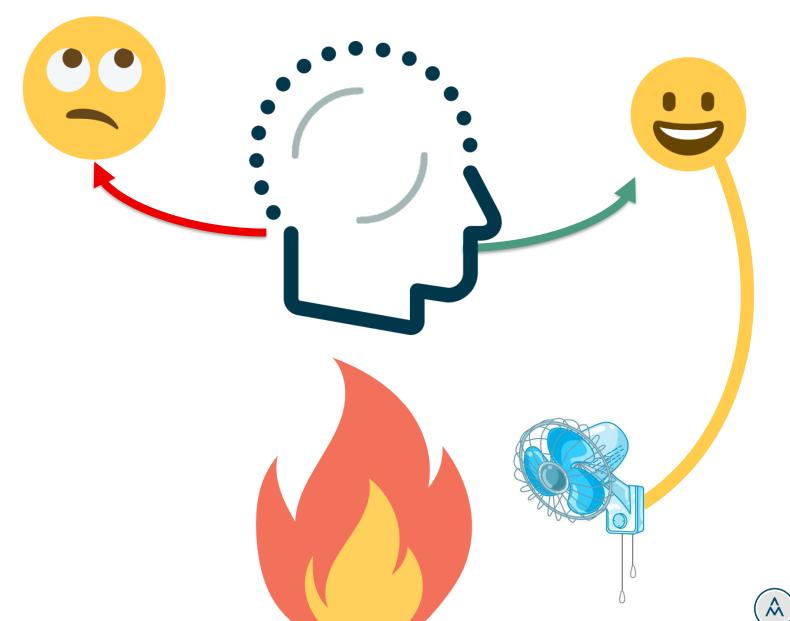










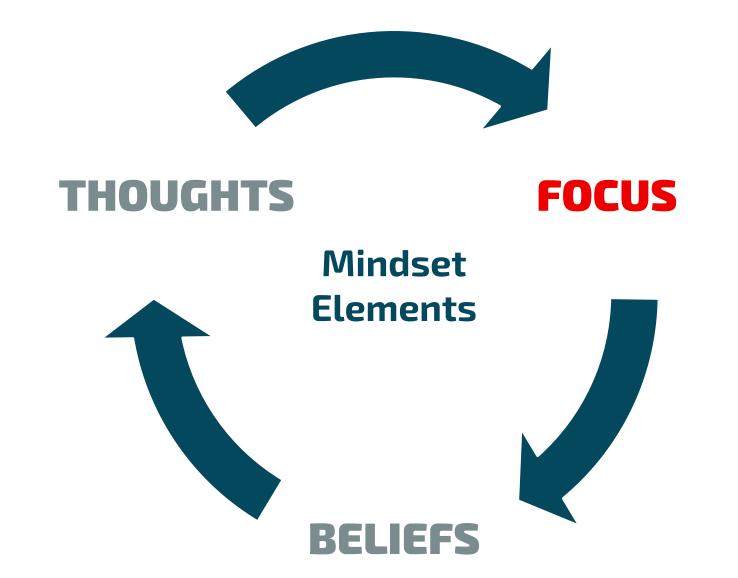


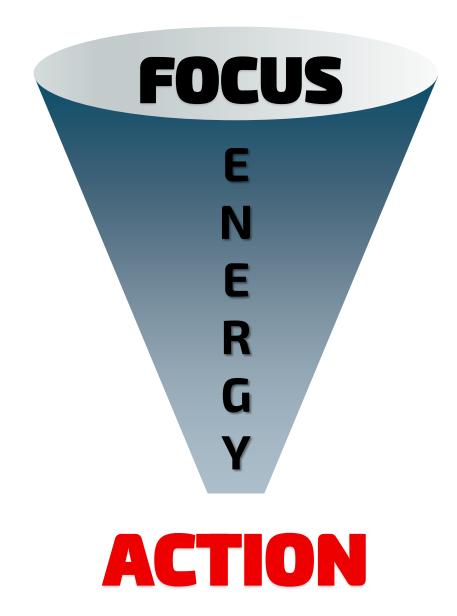
Thought Tips



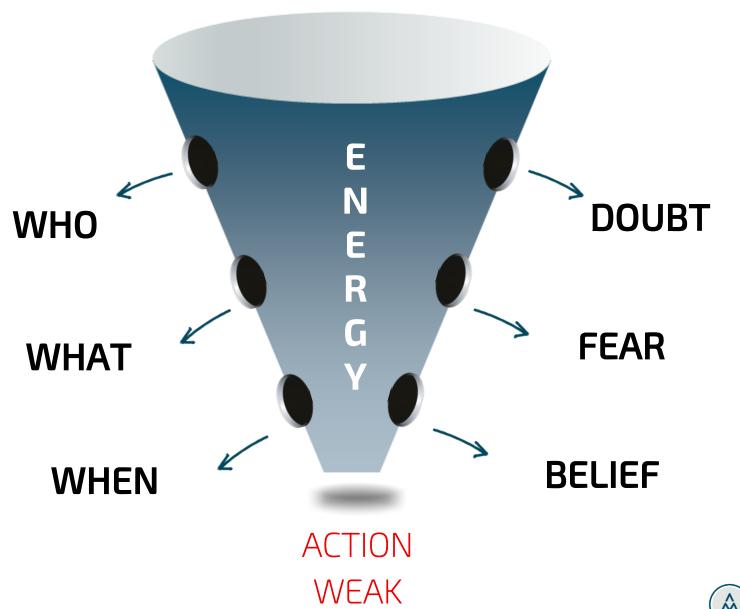
- Expect negativity bias > hypotheticals
- Play the opposite game















Outcome Accounts: Define your goal

+

1.

Outcomes

2.

Impact

3.

Feel

1.

Outcomes

2.

Impact

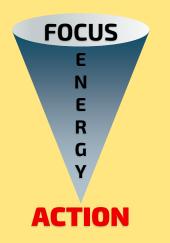
3.

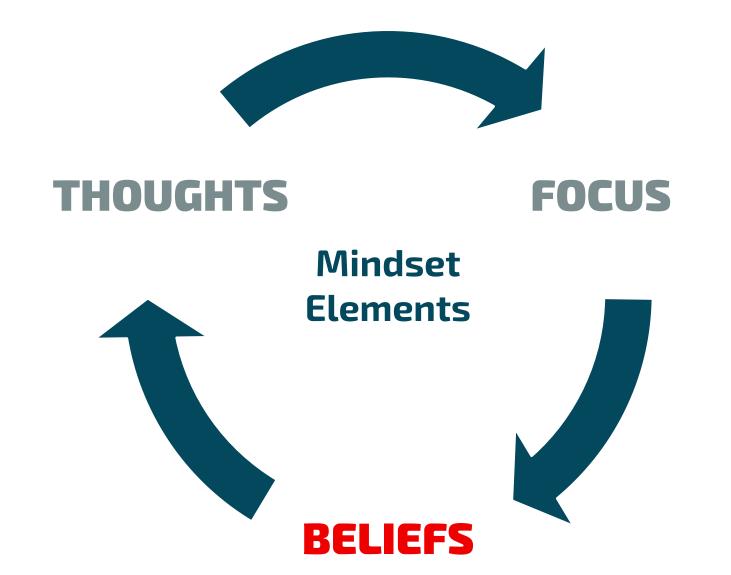
Feel



Focus Tips

- Funnel is a magnet
- Moment vs Mountain





Belief Fundamentals

- Where: sub-conscious mind
- How: hear, see, say, feel, think...
- Why: Decides "I CAN" vs "I CAN'T"



HABIT

BEHAVIOR

BELIEF

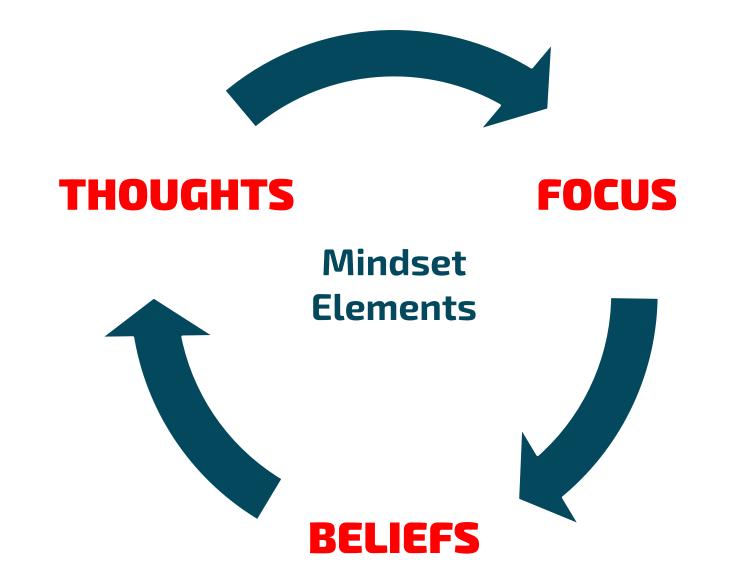


Belief Tips



Beliefs are Up To You

- Can vs Can't is your call
- Use the "5 Whys" to find the fear





THANK YOU

(in) AldenMills

